

Useful Contacts

Alcohol Care Teams

Alcohol Care Team	Area of Coverage	Phone Number
Aintree University Hospital	South Sefton, Knowsley and North Liverpool	0151 529 0312
Arrowe Park Hospital	Wirral	0151 678 5111
Countess of Chester Hospital	Cheshire West & Chester	01244366259
Leighton Hospital	Cheshire East and Cheshire West & Chester	01270 826392
Royal Liverpool University Hospital	Liverpool	0151 706 3283
Southport and Formby District General Hospital	North Sefton and West Lancashire	01704 705277
Warrington Hospital	Warrington and Halton	Not available
Whiston Hospital	Knowsley, Halton and St Helens	0151 478 7579

Community Services

Organisation	Contact
Change Grow Live (CGL) Drug and Alcohol Service – Cheshire East	changegrowlive.org/service/cheshire-east-drug-alcohol Tel: 01625 464995
Change Grow Live (CGL) Drug and Alcohol Service – Sefton	changegrowlive.org/service/sefton-drug-alcohol Tel: 0151 203 9755
Change Grow Live (CGL) Integrated Recovery Service - Halton	changegrowlive.org/service/halton-integrated-recovery Tel: 0151 422 1400
Change Grow Live (CGL) Integrated Recovery Service - Knowsley	changegrowlive.org/service/knowsley-integrated-recovery Huyton Phone: 0151 482 6291 Kirkby Phone: 0151 546 9557

Change Grow Live (CGL) Integrated Recovery Service - St Helens	changegrowlive.org/service/st-helens-integrated-recovery Tel: 01744 410752
Pathways to Recovery – Warrington provided by Change Grow Live (CGL)	changegrowlive.org/service/warrington-pathways-to-recovery Tel: 01925 415176
River - Liverpool Drug and Alcohol Support Services provided by Change Grow Live (CGL)	changegrowlive.org/liverpool Tel: 0151 706 7888
Via – New Beginnings – Cheshire West and Chester	viaorg.uk/services/cheshire-west-and-chester-new-beginnings/ Tel: 0300 303 4549
Wirral Ways to Recovery provided by Change Grow Live (CGL)	https://www.changegrowlive.org/service/wirral-ways Tel: 0151 556 1335

National Support

Organisation	Contact
Alcohol Anonymous (AA) At AA, Alcoholics Anonymous members help each other to stop drinking. If you think you need help with your drinking, get in touch.	alcoholics-anonymous.org.uk/ Tel: 0800 9177 650 (24 hours)
Alcohol Change UK A national charity that aims to end serious alcohol harm in the UK. It provides research, policy, training, help and support, and campaigns for evidence-based change.	alcoholchange.org.uk/
British Liver Trust The UK's leading liver health charity providing information, support and campaigns for patients and families affected by liver disease or cancer.	britishlivertrust.org.uk/ Tel: 0800 652 7330 (9am-3pm Mon-Fri)
Change Grow Live (CGL) A national charity that offers personalised support for people who want to change their life. Get alcohol advice from CGL's online team	changegrowlive.org/

<p>Samaritans (24 Hours) Samaritans is a charity that prevents suicide by connecting people in crisis with trained volunteers who will always listen.</p>	<p>samaritans.org/ Tel: 116 123 (24 hours)</p>
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