



Next Step Cards - funded training places across Cheshire & Merseyside



We are delighted to say that Beyond, Cheshire & Merseyside's Children and Young People's Transformation Programme have funded 540 places for Next Step Cards training across the nine Cheshire & Merseyside boroughs: Cheshire East, Cheshire West & Chester, Halton, Knowsley, Liverpool, Sefton, St Helens, Warrington, and Wirral. There are 60 funded places per area.

Next Step is designed to support anyone who cares for children and young people. Whether you're a parent, teacher, mental health professional or commissioner of health and social care services, Next Step is a tool that helps young people to communicate on their own terms, in their own environment.

Created by both young people and mental health experts, the colourful toolkit provides the perfect platform to enable safe and structured conversations with young people who may be struggling with their emotional health and wellbeing.

Next Step is a set of 52 unique cards, with each card representing a particular mood, thought, action or goal. In a one-to-one scenario, Next Step will take you and a young person on a journey, encouraging them to discuss their thoughts and feelings and empowering them to set their own goals. The Next Step online software allows you to record and measure how a child or young person is progressing with an emotional issue and produce graphs and reports.



For further information on the Next Step Goal Based Outcome Resource please visit our website at [Next Step :: Cheshire and Wirral Partnership NHS Foundation Trust \(nextstepcards.co.uk\)](https://nextstepcards.co.uk)

To book on one of our courses, please visit [Next Step training dates :: Cheshire and Wirral Partnership NHS Foundation Trust \(nextstepcards.co.uk\)](https://nextstepcards.co.uk)

Queries to be directed to cwp.nextstepcards@nhs.net