



Tuesday 21 November 2017

12.30 pm registration

1.00 pm start – 4:30pm close

Bridge Suite, Select Stadium, Lowerhouse Lane, Widnes, Cheshire

[Click for directions](#)

Resilience and emotional wellbeing of vulnerable children & young people

Background

The emotional wellbeing of children and young people is a key priority across Cheshire & Merseyside. The Directors of Public Health have been working together with the Directors of Children's Services on new ways of working to improve emotional wellbeing. A prioritisation event was held in March 2017, at which it was decided to work together on self-harm. This follow up event will focus on the emotional wellbeing of vulnerable young people; considering the recommendations in the report 'Case for Change: Self-harm in Children and Young People' (Liverpool John Moores University) and at approaches to adverse childhood experiences and keeping children out of care through systemic family therapy.

Learning Outcomes

1. Enhanced skills and knowledge of preventative approaches for vulnerable children and young people
2. Shared knowledge and understanding of the latest evidence on self-harm in young people
3. Understanding of the impact of adverse childhood experiences on the emotional wellbeing of children and young people
4. Application of systemic family therapy for keeping children out of care
5. Development of joint actions, both local and shared, to improve the outcomes for vulnerable children and young people

Who should attend?

Directors & Assistant Directors of Children's Services, Directors of Public Health, Public Health Teams, CCGs, Social Workers, Health Visitors, School Nurses, Midwives and other colleagues working with children and young people in Cheshire & Merseyside.



Programme

12.30 pm	Registration, tea and coffee
1.00 pm – 1.10 pm	Welcome: Cllr Andy Moorhead, Liverpool City Region Political Lead for Health & Wellbeing & Leader of Knowsley Council
1.10 pm - 1.20 pm	Introduction to event by Chair: David Parr, Chief Executive, Halton Council
1.20 pm – 2.50 pm	Guest Speakers on <i>Adverse Childhood Experiences (ACE)</i> <i>Systemic Family Therapy</i> <i>Self-harm</i>
2.50 pm – 3.00 pm	Panel Q&A – all speakers
3.00pm to 3:15pm	Refreshment break
3:15pm to 4:00pm	Workshops to develop local and shared action plans: <i>Adverse Childhood Experiences (ACE)</i> <i>Systemic Family Therapy</i> <i>Self-harm</i>
4.00 pm to 4.15pm	Key highlights from workshops
4.15 pm to 4.30pm	Summing up and close: Sandra Davies, Director of Public Health, Liverpool City Council
4.30pm	Close

Notes:

Please note lunch is not provided at this event although refreshments are available.

Presentations will be available on the Champs website following the event.

A photographer may be present on the day; please let the Champs support team know if you would rather not be photographed.

Programme is subject to change.