

TU1: Sex, Drugs and Risk Control Training

Geographical Area: St Helens Council and partner agencies

Lead Professional/Organisation: Michelle Davies Teenage Pregnancy Coordinator

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Brief Overview: A two day training programme for practitioners working with young people who are vulnerable to risk taking behaviours, particularly covering sexual health and substance misuse. This new programme will assist practitioners to develop skills, knowledge and confidence to address issues of risk with young people, deliver preventative intervention and enable early identification of potential problematic behaviour.

Participants will be expected to complete a number of tasks following the two days in order to gain a bronze, silver or gold accreditation.

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Target Group: This is an ideal course for new or existing Targeted Youth Support practitioners who have no previous knowledge or training in this area. Due to the aspects of course delivery it is intended for those services who work within the 11-19 age range from services including: BEST, Schools and alternative education providers, including PRU's, Social Care teams, School nursing service, Youth Service, Connexions, Accommodation providers.

Outcomes: To date there have been 9 programmes delivered to 314 professionals ranging from school health, social workers, youth workers, foster carers, nurses, parenting workers, police, school based staff and residential care staff.

Evaluation: Each programme is evaluated and the training section produce a validation report, an example of some feedback is, 96% of participants had an awareness of maintaining confidentiality whilst working with young people and 92% understand the legal implications of sexual health and substance misuse. Liverpool John Moores University have been commissioned to undertake an evaluation of the course and this will be completed by Jan 13.

Sustainability: Both teams are currently funded to deliver this training programme.

What made it work? The training has been successfully embedded within the LSGB training programme as part of the safeguarding training offer.