

## RU5: Training workshop for children and young people's workforce

'Challenging early sexualisation, sexual exploitation and perceptions of risk' and 'Mixed Messages' resource including session plans and resources for young people.

**Geographical Area:** Wirral secondary schools and to be used informally with outreach staff.

**Lead Professional/Organisation:** Jayne Price RSE Curriculum and Policy Lead. NHS Wirral.



**Training Sessions and Resources for staff to use:** The sessions were in small groups with a resource toolkit to take away for use with young people, including session plans.

### Sessions:

- Jayne Price, NHS Wirral-overview, plenary and introduction to resource toolkit
- Jo Day, Response-Perceptions of risk, professionals and young people
- Kai Wooder, Brook- Challenging sexualised messages within media and pornography
- Kathy Gill, YOS and Suzanne Cottrell, LA Safeguarding- Legal implications of photos and messages within social networking



**Target Group:** The training is for anyone working secondary school age young people. It would include schools, youth workers, social care staff, voluntary workers, school nurses etc. The resource is to be used with secondary school aged young people.

### Staff Training Aims and objectives:

To gain an increased awareness of the influence of the media (including pornography) and social networking sites on the sex and relationship health of young people.

To gain knowledge and skills on how to challenge these influences and related behaviour, including (for those working with groups) receiving a handbook of resources for group work with young people.

To reflect on the difference in perceptions of risk for adults and young people, and develop and understanding on how this has an impact on messages adults give.

To gain knowledge about the legal aspects of social media use in order to educate young people in a way that protects them and others from harm.

To gain knowledge, understanding and skills in order to reduce young people's vulnerability to exploitation, abuse and risk of breaking the law with regard to taking and sharing images.

**Evaluation:** Excellent evaluation from the 250 staff who have been trained and are now using the resource.

**Sustainability:** Equipped frontline staff to use within their roles.

**What made it work?**

- Identifying staff to be trained and linking RSE to Safeguarding and Child Sexual Exploitation, which gets a broader number of staff interested.
- Some of the training was hosted free of charge by schools.
- Good partnership working-the experts in their own fields leading the workshops and then time within the training to identify where the resource could be used in their work.
- The resource includes a clear, referenced evidence base to prove need for the resource and work for managers and commissioners.
- The resource is user friendly with everything needed to lead sessions with young people