

## Data sources

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### Latest reports General

- [Health & lifestyles in the North West](#)
  - [Segmentation and Insight into the Body Mass Index of the North West population](#)
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### Central sources for data on Maternal Health / Children / Adults / Nutrition / Physical Activity....

- [The National Obesity Observatory](#)
- [The Department of Health](#)
- [The North West Public Health Observatory](#)
- [The NHS Information Centre](#)
- [The Child and Maternal Health Observatory](#)

### Latest reports....

#### General

- [Health & Lifestyles in the North West - North West Public Health Observatory - April 2009](#)
- [Segmentation and Insight into the Body Mass Index of the North West Population](#)
- [Health Economic Assessment Tool](#) - HEAT is a tool designed to help you conduct an economic assessment of the health benefits of walking or cycling.

#### Children

- [Breastfeeding individual quarterly statistical releases](#)

**Breastfeeding initiation:** Since 2003/04, each primary care trust has been required to submit quarterly data on the number and percentage of mothers initiating breastfeeding. These data are submitted to the Department through the web-based data collection system called Unify2. **6-8 week**

**breastfeeding:** Since 2008/09, each primary care trust has been required to submit quarterly data on the prevalence of breastfeeding at 6-8 weeks. These data are submitted to the Department through the web-based data collection system called Unify2.

- [Local area service snapshot for obesity](#) - Provides a summary of demand provision and outcomes for services. Published by ChiMat, the reports combine data from ChiMat and the Children's Services Mapping programme.